



“Piedmont Triad Manufacturing Facility News You Can Use!”

How to Make Lemonade Out of Lemons

Somebody must do it, and that somebody could turn out to be you. When you are assigned a project or task that seems unimportant, or one that could be headed for failure, you have some choices.

You could try to convince your boss that you are the wrong person for the job. Assigned to head up plans for a service awards dinner, you could say you know nothing about event planning, food, or entertainment. You might convince the boss to pick someone else, but it would hardly be a feather in your cap.

Sometimes the unwanted project is one that seems destined to be a failure, one that couldn't produce the results the company wants. When that happens, it's important to keep your boss informed about progress or lack thereof all along the line.

In many cases, you will be recognized for your diligence and efforts even if the project fails.

When life gives you lemons, the old saying goes, make lemonade.

The Importance of Showing Gratitude

Everyone knows that it is good manners to thank people.

What might be less intuitive is that showing gratitude creates a whole host of positive outcomes for the grateful person.

According to The University of California at Berkeley, practicing gratitude can lead to benefits in the physical, psychological, and social areas of a person's life. Having a stronger immune system, being more alert and optimistic, and feeling less lonely or isolated are just a few of the ways that a person could notice an improvement over time. The social aspect is possibly the most important because gratitude can help strengthen relationships by affirming others.

Psychology Today highlights gratitude's role in the relationship of a married couple. Over time it is common for a person to become numb to their spouse's good qualities and only focus on the annoying parts of their personality. This leads many couples to think that they have lost the spark.

But, couples who have an ongoing appreciation for one another are less likely to end their relationship and more likely to become closer, research shows. One great technique for showing appreciation to a partner is by actively listening. Lean in, make eye contact, and show them that what they say is important.

In the realm of business, Fast Company looks at how gratitude can help to motivate employees to work harder and be more loyal to a boss. In fact, showing appreciation for a job well done was a better motivator than a financial incentive in most cases. Without that crucial interaction, employees will be much more likely to be unhappy with their jobs, miss work, burnout, or even quit.

Five things to know BEFORE inviting a contractor into your business at www.AllWashedUpCleaning.com



I hope you enjoy this month's newsletter!

Christine Hall, President
All Washed Up Cleaning, LLC

Get the Most from Your Local Library

There's nothing better than free, and that's what you get at your local library. While there are countless ways to take advantage of your local branch, here are a few that stand out on the radar.

Families looking for fun things to do that won't break the bank will love the fact that many libraries offer free tickets to museums, concerts, and other events. According to Free Money Finance, the passes work almost like a library book in that they must be "checked out" to use them. Although they can usually only be used once per year, the number of amusements available will ensure that you won't run out of ideas!

Bustle.com suggests looking to the local library for some common services that might be expensive elsewhere. Getting a document notarized is often free at the library, and there are often low-cost scanners and copiers available. The free Wi-Fi available at most libraries will allow for research and other work to be performed if the internet isn't an option at home.

Aside from the typical items available at the library, many of the larger library systems offer lending programs for things most people wouldn't expect, ranging from telescopes to musical instruments and from household tools to cake pans and more.

There is no way to know if your local branch offers some of these unique options, so it pays to do a little research to take advantage of everything available and to discover as many money-saving gems as possible!



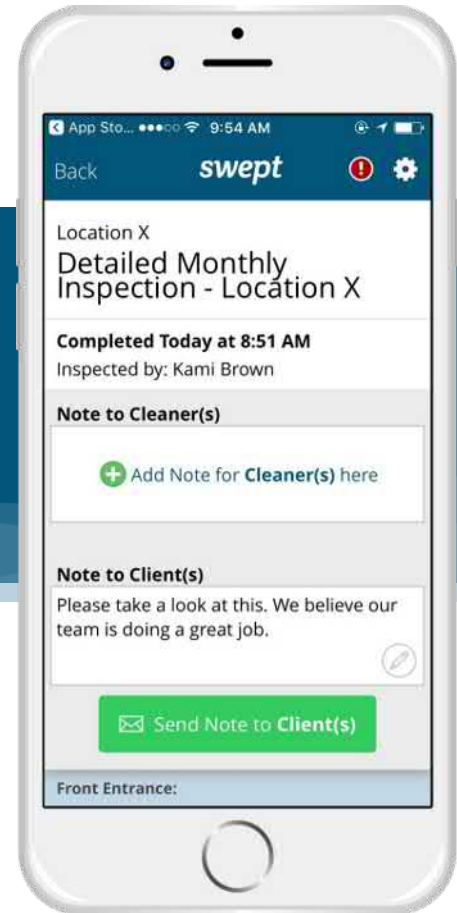
Do You Know...



Commercial Cleaning

All Washed Up Cleaning, LLC
(336) 682-6983

What makes All Washed Up Cleaning different?



We use a unique management and communication tool that allows us to:

- Identify issues and quickly take action
- Support our cleaners when they are onsite
- Manage supply orders and inventory in real-time

Our office cleaners use Swept, and we noticed a difference instantly. They know when little things come up and just deal with it!

BRIANNA STRATTON - THE BRIDGE, HALIFAX, NOVA SCOTIA

Multilingual Communication

This industry is full of talented individuals who do not fluently speak English. We can communicate messages, instructions, and all feedback in their native language. This allows our cleaners to know exactly what is expected of them while they are in your office.

Problem Reporting

Nobody is perfect, but we separate ourselves by being proactive if something does come up. Our cleaners are trained to report any issue, big or small, at the end of their shift so that the manager is aware and can deal with it right away.

Specific Site Training/Instructions

Say goodbye to log books and say hello to the future of cleaning. We take notes and pictures of each site (with your permission), which allows us to properly communicate your specific needs to our cleaners. When a cleaner arrives, even for the first time, they know how to be successful in your space.

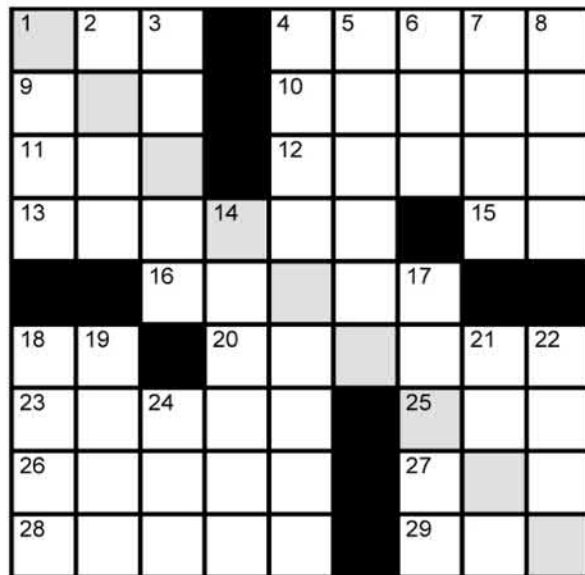
Festive Beverage

Across

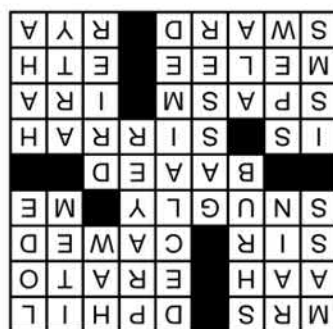
1. Robinson of song
4. Oxford doctorate, briefly
9. "That feels good!"
10. Muse of poetry
11. Knight's title
12. Emulated a rook
13. How bodysuits fit
15. St. in New England
16. Bleated
18. Part of the verb "to be"
20. Shakespearean term of address
23. Muscle twitch
25. Author Levin
26. Donnybrook
27. Biblical verb ending
28. Grassy area
29. Type of rug

Down

1. Church service
2. Parade spoiler
3. Bush
4. Renounced
5. Supplication
6. "Hee ____"
7. Any thing



8. Miner's quest
14. Knee-slapper
17. Less wet
18. Doctrines
19. Erupt
21. Affectedly creative
22. "Very funny!"
24. Cookbook phrase



The headline is a clue to the answer in the diagonal.

Business Networking Groups: Sharing Contacts and Information

Business networking groups are not just for socializing; they can actually give you access to people with new ideas and strategies.

Groups are becoming more niche oriented so that it is easier to find one where the members' businesses are more related. This can allow for sharing business strategies. For example, a baker, ice cream shop owner, and restaurateur can approach a vendor they all use to lower their costs.

By regularly attending business events, people will begin to recognize you. Take advantage of giving others advice and the benefit of your experience. You want to be known as a person who is trustworthy and reliable. This can help you get more leads and referrals as you will be the one who "pops into their head when they need what you offer," notes Small Business BC.

Free consult - You may find just the consultant you need within a business networking group. Just as you are angling to be noticed by being willing to give advice, so are others. You should take advantage of that. Observers note that people, in general, enjoy sharing their expertise.

"You will find that as you build relationships with people, the value of the help that is passed to you formally or informally will exceed any costs incurred by developing the relationships in the first place." -

AmazingBusiness.com

To find a networking group that's the right fit for your type of business, contact your area Chamber of Commerce. They tend to keep track of the active groups in your community. Also, check out Meetup. This online site lists groups that you can choose from that best suit your needs.

Trivia Teaser – Female Advertising Figures

1. The Morton Salt Girl holds a canister of salt and which other item? a-Umbrella, b-Loaf of bread, c-Basket, d-Hat.

2. Which motion picture company's logo depicts a draped woman holding aloft a torch? a-Paramount, b-MGM, c-Columbia, d-DreamWorks.

3. What color is the sunbonnet worn by the Sun-Maid girl on boxes on Sun-Maid raisins? a-Blue, b-White, c-Purple, d-Red.

4. What is the name of the receptionist in red appearing in Toyota commercials? a-Jan, b-Flo, c-Pam, d-Amy.

5. Jane Withers played what female plumber in commercials for Comet cleanser? a-Elsie, b-Josephine, c-Madge, d-Rosie.

6. Which company owns the Aunt Jemima brand of pancake mix and syrup? a-Campbell's, b-Pepsi, c-Quaker Oats, d-Kraft.

7. What is the first name of the founder of Mrs. Fields' Original Cookies? a-Debbi, b-Marjorie, c-Martha, d-Joan.

8. Which actress appeared as the Coppertone girl in a TV ad in 1965, at age 3? a-Rosie O'Donnell, b-Jodie Foster, c-Genie Francis, d-Daphne Zuniga.

9. Which name completes the slogan "Everybody doesn't like something, but nobody doesn't like..."? a-Marie Callender, b-Granny Smith, c-Little Debbie, d-Sara Lee.

10. Formerly with The Little Rascals, Darla Hood provided the voice of which animated icon? a-Miss Chiquita Banana, b-Peter Pan, c-Elsie the Cow, d-Chicken of the Sea mermaid.

- | | |
|------------------|--------------------------|
| 1-a, Umbrella | 5-b, Josephine |
| 2-c, Columbia | 4-a, Jan |
| 3-d, Red | 9-d, Sara Lee |
| 4-b, Flo | 8-b, Jodie Foster |
| 5-c, Quaker Oats | 7-a, Debbi |
| | 10-d, Chicken of the Sea |
| | mermaid |

Answers to 'Female Advertising Figures'



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Commercial Cleaning

Your New Issue of *News Splash* Has Arrived!

What's makes our cleaning services different? (page 2)...

PLUS: *Meet a new staff member and what makes her life special (page 4 below)...*

To:

Could Emojis Be Helping Language?

Those little faces, smiley and otherwise, are spreading their way across global culture. Some say that they could threaten actual language. According to USA Today, however, they might actually be helping text-based communication be more accurate.

Vyv Evans, the author of *The Emoji Code*, explains that humans can produce more than 10,000 individual expressions during face-to-face conversations. When these expressions are removed, as with text, the emotion is robbed from communication, and can easily lead to misunderstandings. So, Emojis are the body language of texting and only help in getting the point across.

Staff Members Making the News

We are happy to give a shout out to **Latasha Eshiet**, who's been doing an AWESOME job with us as a part-time cleaning floater. In her spare time, Latasha enjoys walking and riding bikes in the park with her children and volunteering in their school. "I cherish every moment I spend with my son and daughter. They tell me they love me every day and I do the same to them", says Latasha. "I was chosen to work for them after searching around for a part time job to supplement my income, after going through a separation from my husband. The hours were adjusted for me by my considerate and accommodating employers. I truly enjoy working for All Washed Up", says Latasha. We feel the same and appreciate her GREATLY!!! Congratulations on a job well done!!!

How old would you be if you didn't know how old you were?
~Satchel Paige

Did you find value in this **NEWS SPLASH?**

Please "Like" our Facebook page and
write a recommendation

[Facebook.com/AllWashedUpCleaningLLC](https://www.facebook.com/AllWashedUpCleaningLLC)

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Take the Trivia Challenge and Win a \$25 Gift Card to Applebee's!

The first <##> people who call our office with the correct answer will be entered into the drawing!

Doodlers remember how much more information than non-doodlers?

- | | |
|--------|--------|
| a. 20% | b. 29% |
| c. 39% | d. 40% |

HINT: The answer is hidden somewhere in this newsletter.